

Rainbow Runaround

Group Size: 25 or more

Est. Time: 10 minutes

Materials Cost: \$2-4.00

This is a good exercise to use at a retreat or event in a large area. It's a great active ice breaker. The purpose is to get students to interact and get to know one another.

Each student is given a Rainbow Runaround Card and a m&m. Each volunteer will need a pen to sign student's cards. Students must complete each of the six commands on the card and get a volunteer to initial each one upon it's completion. The student to complete all six first wins.

Rainbow Runaround Card

1. Make a pyramid with 1 blue, 1 orange, and 1 red on bottom, with 1 yellow and 1 green on top.
2. Find four others your same color. Get in a group and sing "The Flintstones Theme" to a leader.
3. Make a double-decker oreo with you on bottom, two other colors in the middle, and your same color on top.
4. Get with one person from each of the different colors and make up a new color name using all the letters of combined color names. Write on card.
5. Find three others your same color and list three foods the same color you are.
6. Get one other person your color, and two from each of the other colors and play leapfrog. Each person must leap.

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