

# Line Up On A Log

Group Size: 6 – 18

Est. Time: 20-30 minutes

Materials Cost: none - \$50

For this exercise each team of 6-8 will need a beam. The beam could be a 4x4 board, curb, 12-24" wall, or a long bench. We made permanent balance beam out of 4x4s. The purpose of the exercise is to teach teamwork and cooperation.

Give each team a beam or log long enough for everyone on the team to stand on. Have a volunteer randomly line students on the beam. At the start, the team must line up according to the follow scenarios.

- Line up according to height
- Line up according to middle initial
- Line up according to how many years you've live in your city.

If any team member falls off, the team must start over with original setup. Additional variables to the exercise are to have teams performs blindfolded or without talking or both.

## QUESTIONS

1. What is one thing you learned from this exercise?
2. What was the most difficult part? How did you solve it?
3. Did your team try to develop a plan before starting? What role do you think preparation plays in the success of a group?
4. Do you tend to want to cooperate or do something yourself? Why is it hard for you to cooperate?
5. What are ways you had to communicate through this? How could you have communicated better? In general, how can we communicate better as a team?